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# Mental Podcast Links

Everywhere the podcast pops up in order of most used

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**Apple Podcasts** - The most popular podcast platform and default for Apple device users.

[itunes.apple.com/gb/podcast/mental-the-podcast-to-destigmatise-mental-health/id1358920477](https://itunes.apple.com/gb/podcast/mental-the-podcast-to-destigmatise-mental-health/id1358920477)

**Stitcher** - App and website listening platform compatible with almost all devices.

[stitcher.com/podcast/mental-the-podcast-to-destigmatise-mental-health](https://stitcher.com/podcast/mental-the-podcast-to-destigmatise-mental-health)

**Overcast** - Easy to use app and website listening for most devices.

[overcast.fm/itunes1358920477/mental-the-podcast-to-destigmatise-mental-health](https://overcast.fm/itunes1358920477/mental-the-podcast-to-destigmatise-mental-health)

**Spotify** - Music and Podcast streaming service for mobile or computers.

<https://open.spotify.com/show/3Pi706qKd3uP0TaKdldann>

**SimpleCast** - Our hosting partner, very simple website but no option to subscribe.

[mentalpodcast.simplecast.fm](https://mentalpodcast.simplecast.fm)

Social and other web links:

**Our Website** - [mentalpodcast.co.uk](https://mentalpodcast.co.uk)

**Show Press** - [mentalpodcast.co.uk/press](https://mentalpodcast.co.uk/press)

**Instagram** - [instagram.com/mentalpodcast](https://instagram.com/mentalpodcast)

**Twitter** - [twitter.com/mental\\_podcast](https://twitter.com/mental_podcast)